



Dragon Boat NSW

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DBNSW State Championships 200m - Sunday 29th March

Sun 29 Mar 2026 · Sydney International Regatta Centre

| Race 1 24U Opens 10s | | | | | | |
|----------------------|----------------------------|-----------------------|-----------------------------|---|---|--|
| 08:00 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Round | Sydney Zodiacs Zodiacs Yin | Ryde Dragon Boat Club | Sydney Zodiacs Zodiacs Yang | Dragon Boats NSW Paradrasons Team - Lindt | Dragon Boats NSW Paradrasons Team - Cadbury | Dragon Boats NSW Paradrasons Team - Haighs |
| Time: | 00:50.3 | 00:56.8 | 00:52.3 | 00:57.2 | 00:56.0 | 00:56.4 |

| Race 2 Premier Open 20s | | | | | | |
|-------------------------|---------------------|--|---------------------------------------|------------------|----------------------------------|--------|
| 08:07 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 1 | Sandy Point Dragons | Manning River Dragon Boat Club Manning River Dragons | The Sloths Dragon Boating Club Sloths | Mako Paddle Club | Dragon Sports Association Yellow | |
| Time: | 00:46.40 | 00:56.47 | 00:47.30 | 00:50.47 | 00:55.22 | |

| Race 3 Premier Open 20s | | | | | | |
|-------------------------|------------------------------------|-----------------------|---------------------------------------|--|--------------------------------|--------|
| 08:14 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 2 | Different Strokes Dragon Boat Club | Ryde Dragon Boat Club | Chinese Youth League Dragon Boat Club | ACCA Dragon Boat Racing Team ACCA Roosters | Dragon Sports Association Blue | |
| Time: | 00:49.64 | 00:50.52 | 00:50.48 | 00:48.19 | 00:50.51 | |

| Race 4 Senior C Opens 10s | | | | | | |
|---------------------------|----------------------------|-------------------------------|---|----------------------|--------------------|---------------------------|
| 08:21 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Round | Deepwater Dragon Boat Club | Port Hacking Dragon Boat Club | Merimbula Water Dragons Inc Southern Waratahs | Hunter River Dragons | Nowra Waterdragons | Great Lakes Pearl Dragons |
| Time: | 01:00.83 | 01:05.72 | 00:58.33 | 01:03.08 | 01:01.44 | 01:01.03 |

| Race 5 Senior B Opens 10's | | | | | | |
|----------------------------|--------|--------|--------|--------|--------|--------|
| 08:28 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
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|--------|--------------------------------|-------------------------------|---------------------------|-----------------------------|------------------------------------|---|
| Heat 1 | Sydney Zodiacs Zodiacs Yang | Sydney Zodiacs Zodiacs Yin | Easts Dragon Boat Club | FFB Dragon Boat Club FFB | Sydney Tsunami Dragon Boat Club | Manning River Dragon Boat Club Manning River Dragons |
| Time: | 01:03.50 | 01:02.19 | 01:00.31 | 00:56.84 | 01:00.28 | 00:59.33 |

Race 6 Senior B Opens 10's

| | | | | | | |
|--------------|---------------|-------------------------------|--------------------------------------|----------------------------------|-------------------------|---------------|
| 08:35 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 2 | | Newcastle Dragon Boat Club | Pittwater Dragon Boat Racing Club | Camden Haven Dragon Boats Inc | Hunter River Dragons | |
| Time: | | 00:57.78 | 01:02.73 | 01:03.57 | 00:56.12 | |

Race 7 Senior B Opens 10's

| | | | | | | |
|--------------|--|----------------------------------|------------------------------|-----------------------|---|---------------|
| 08:42 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 3 | Merimbula Water Dragons Inc Southern Waratahs | Port Hacking Dragon Boat Club | Dragon Sports Association | Nowra Waterdragons | Flamin Dragons Port Macquarie Flamin' Dragons | |
| Time: | 00:57.21 | 01:02.20 | 00:56.30 | 00:57.59 | 00:58.42 | |

Race 8 Senior A Open 20s

| | | | | | | |
|--------------|---------------------------------------|------------------------------|---|--------------------------|--------------------------------|---------------|
| 08:49 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 1 | Different Strokes Dragon Boat Club | Bei Loon Dragon Boat Club | The Sloths Dragon Boating Club Sloths | Ryde Dragon Boat Club | Pendragons Dragon Boat Club | |
| Time: | 00:52.10 | 00:51.90 | 00:50.38 | 00:51.41 | 00:52.35 | |

Race 9 Senior A Open 20s

| | | | | | | |
|--------------|-------------------------|---|------------------------------|---|------------------------------|---------------|
| 08:56 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 2 | Hunter River Dragons | Northern Beaches Dragon Boat Club FFBeaches | Dragon Sports Association | Manning River Dragon Boat Club Manning River Dragons | Great Lakes Pearl Dragons | |
| Time: | Scratched | 00:52.70 | 00:52.50 | 00:56.11 | 01:12.54 | |

Race 10 Breast Cancer Paddler - 10s

| | | | | | | |
|--------------|---------------|--|---------------|--------------------------------|---------------|---------------|
| 09:03 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Round | | Bei Loon Dragon Boat Club Bei Loon Pinks | Sydney Spirit | Pendragons Dragon Boat Club | | |
| Time: | | 01:12.47 | 01:11.27 | 01:16.61 | | |

Race 11 Junior Women 20s

| | | | | | | |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 09:10 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|

| | | | | |
|-------|--------------------------------------|----------------|--------------------------------------|---|
| Round | St Scholastica's College Schols Fire | Sydney Zodiacs | St Scholastica's College Schols Fury | Danebank Anglican School for Girls Danebank |
| Time: | 00:57.25 | 00:58.13 | 01:05.87 | 01:07.28 |

Race 12 Senior A Women 20s

| 09:17 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|-----------------------------|----------------------------|------------------------------------|-----------------------|----------------------|---------------------------|
| Heat 1 | Pendragons Dragon Boat Club | Newcastle Dragon Boat Club | Different Strokes Dragon Boat Club | Ryde Dragon Boat Club | Hunter River Dragons | Dragon Sports Association |
| Time: | 00:59.86 | 00:55.90 | 00:56.92 | 00:57.14 | 00:59.84 | 00:59.03 |

Race 13 Senior A Women 20s

This heat has been combined with Race 76

| 09:24 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|--------|--------|--------|--------|--------|
| Heat 2 | TBD | | | | | |
| Time: | | | | | | |

Race 14 Senior C Womens 10s

| 09:31 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|-------------------------------|--------------------|---|----------------------------|--|-------------------------|
| Heat 1 | Port Hacking Dragon Boat Club | Nowra Waterdragons | Merimbula Water Dragons Inc Southern Waratahs | Deepwater Dragon Boat Club | Manning River Dragon Boat Club Manning River Dragons | East's Dragon Boat Club |
| Time: | 01:16.60 | 01:07.76 | 01:11.23 | 01:13.76 | 01:07.04 | 01:12.87 |

Race 15 Senior C Womens 10s

| 09:38 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|-----------------------------------|---|--------|--------------------------|-------------------------------|--------|
| Heat 2 | Pittwater Dragon Boat Racing Club | Flamin Dragons Port Macquarie Flamin' Dragons | | FFB Dragon Boat Club FFB | Camden Haven Dragon Boats Inc | |
| Time: | 01:09.98 | 01:07.86 | | 01:10.47 | 01:10.84 | |

Race 16 24U Womens 10s

| 09:45 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------------------------------------|----------------|--------------------------------------|--------|--------|--------|
| Round | St Scholastica's College Schols Fire | Sydney Zodiacs | St Scholastica's College Schols Fury | | | |
| Time: | 01:09.21 | 01:06.72 | 01:09.97 | | | |

Race 17 Senior B Women 20s

| 09:52 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------|--------|--------|--------|--------|
| | | | | | | |

| | | | | | |
|--------|----------------------------|---|---------------------------|--------------------|--------------------------|
| Heat 1 | Newcastle Dragon Boat Club | Merimbula Water Dragons Inc Southern Waratahs | Bei Loon Dragon Boat Club | Nowra Waterdragons | FFB Dragon Boat Club FFB |
| Time: | 00:57.18 | 01:02.77 | 00:58.93 | 01:00.34 | 01:01.11 |

Race 18 Senior B Women 20s

| 09:59 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|-------------------------------|----------------------------|---|-----------------------------------|-----------------------------|--------|
| Heat 2 | Port Hacking Dragon Boat Club | Deepwater Dragon Boat Club | Flamin Dragons Port Macquarie Flamin' Dragons | Pittwater Dragon Boat Racing Club | Pendragons Dragon Boat Club | |
| Time: | 01:02.70 | 01:03.76 | 00:57.98 | 01:01.16 | 00:59.75 | |

Race 19 Premier Women 20s

| 10:06 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|-----------------------|------------------------------|--------------------------|------------------|--------|
| Heat 1 | | Ryde Dragon Boat Club | ACCA Dragon Boat Racing Team | St Scholastica's College | Mako Paddle Club | |
| Time: | | 01:01.86 | 00:55.09 | 00:56.09 | 00:55.78 | |

Race 20 Premier Women 20s

| 10:13 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|---------------------------|---------------------------------------|------------------------------------|---------------------------------------|--------|
| Heat 2 | | Dragon Sports Association | Chinese Youth League Dragon Boat Club | Different Strokes Dragon Boat Club | The Sloths Dragon Boating Club Sloths | |
| Time: | | 00:55.11 | 00:54.09 | 00:53.55 | 00:54.84 | |

Race 21 24U Opens 10s

| 10:20 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|-----------------------------|-----------------------|----------------------------|--|---|---|
| Round | Sydney Zodiacs Zodiacs Yang | Ryde Dragon Boat Club | Sydney Zodiacs Zodiacs Yin | Dragon Boats NSW Paradrasons Team - Haighs | Dragon Boats NSW Paradrasons Team - Lindt | Dragon Boats NSW Paradrasons Team - Cadbury |
| Time: | 00:57.92 | 00:58.37 | 00:54.26 | 01:01.21 | 01:03.84 | 01:01.31 |

Race 22 Premier Open 20s

| 10:27 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------------------------------|---------------------|---------------------------------------|--|--|--------|
| Heat 3 | Dragon Sports Association Blue | Sandy Point Dragons | The Sloths Dragon Boating Club Sloths | ACCA Dragon Boat Racing Team ACCA Roosters | Manning River Dragon Boat Club Manning River Dragons | |
| Time: | 00:50.70 | 00:48.36 | 00:46.27 | 00:47.61 | 00:57.15 | |

Race 23 Premier Open 20s

| 10:34 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------|--------|--------|--------|--------|
|-------|--------|--------|--------|--------|--------|--------|

| | | | | | |
|--------|------------------|-----------------------|---------------------------------------|----------------------------------|------------------------------------|
| Heat 4 | Mako Paddle Club | Ryde Dragon Boat Club | Chinese Youth League Dragon Boat Club | Dragon Sports Association Yellow | Different Strokes Dragon Boat Club |
| Time: | 00:50.89 | 00:50.62 | 00:50.70 | 00:56.44 | 00:50.47 |

Race 24 Senior C Opens 10s

| 10:41 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|---|--------------------|----------------------|---------------------------|----------------------------|-------------------------------|
| Round | Merimbula Water Dragons Inc Southern Waratahs | Nowra Waterdragons | Hunter River Dragons | Great Lakes Pearl Dragons | Deepwater Dragon Boat Club | Port Hacking Dragon Boat Club |
| Time: | 00:57.83 | 01:03.40 | 01:03.22 | 01:01.22 | 01:01.14 | 01:06.88 |

Race 25 Senior B Opens 10's

| 10:48 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|----------------------------|-----------------------------|--------------------------|---------------------------------|--------|--|
| Heat 4 | Sydney Zodiacs Zodiacs Yin | Sydney Zodiacs Zodiacs Yang | FFB Dragon Boat Club FFB | Sydney Tsunami Dragon Boat Club | | Manning River Dragon Boat Club Manning River Dragons |
| Time: | 01:01.24 | 01:04.68 | 00:58.41 | 00:58.88 | | 01:00.49 |

Race 26 Senior B Opens 10's

| 10:55 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------------------|---|---------------------------|-------------------------------|----------------------|--------|
| Heat 5 | Nowra Waterdragons | Merimbula Water Dragons Inc Southern Waratahs | Dragon Sports Association | Camden Haven Dragon Boats Inc | Hunter River Dragons | |
| Time: | 00:56.94 | 00:56.30 | 00:54.90 | 01:00.81 | 00:54.08 | |

Race 27 Senior B Opens 10's

| 11:02 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|---|------------------------|-----------------------------------|----------------------------|-------------------------------|--------|
| Heat 6 | Flamin Dragons Port Macquarie Flamin' Dragons | Easts Dragon Boat Club | Pittwater Dragon Boat Racing Club | Newcastle Dragon Boat Club | Port Hacking Dragon Boat Club | |
| Time: | 00:58.17 | 01:01.93 | 01:04.96 | 00:58.96 | 01:04.04 | |

Race 28 Senior A Open 20s

| 11:09 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|----------------------|-----------------------------|---------------------------------------|--|---------------------------|--------|
| Heat 3 | Hunter River Dragons | Pendragons Dragon Boat Club | The Sloths Dragon Boating Club Sloths | Manning River Dragon Boat Club Manning River Dragons | Great Lakes Pearl Dragons | |
| Time: | Scratched | 00:52.38 | 00:50.11 | 00:57.41 | 00:58.83 | |

Race 29 Senior A Open 20s

| 11:16 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|------------------------------------|---------------------------|---------------------------|-----------------------|-----------------------------------|-----------|
| Heat 4 | Different Strokes Dragon Boat Club | Bei Loon Dragon Boat Club | Dragon Sports Association | Ryde Dragon Boat Club | Northern Beaches Dragon Boat Club | FFBeaches |
| Time: | 00:51.57 | 00:51.47 | 00:51.46 | 00:51.60 | 00:52.56 | |

Race 30 Breast Cancer Paddler - 10s

| 11:23 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|-----------------------------|---------------|---------------------------|----------------|--------|
| Round | | Pendragons Dragon Boat Club | Sydney Spirit | Bei Loon Dragon Boat Club | Bei Loon Pinks | |
| Time: | | 01:11.41 | 01:06.68 | 01:10.43 | | |

Race 31 Junior Women 20s

| 11:30 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------------------------------------|--------------------------------------|------------------------------------|----------|----------------|
| Round | | St Scholastica's College Schols Fury | St Scholastica's College Schols Fire | Danebank Anglican School for Girls | Danebank | Sydney Zodiacs |
| Time: | | 01:04.79 | 00:57.17 | 01:09.79 | 00:58.10 | |

Race 32 Senior A Women 20s

| 11:37 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|----------------------|-----------------------------|------------------------------------|---------------------------|----------------------------|-----------------------|
| Heat 3 | Hunter River Dragons | Pendragons Dragon Boat Club | Different Strokes Dragon Boat Club | Dragon Sports Association | Newcastle Dragon Boat Club | Ryde Dragon Boat Club |
| Time: | 01:01.32 | 01:00.43 | 00:56.55 | 00:58.64 | 00:54.54 | 00:56.29 |

Race 33 Senior A Women 20s

| 11:44 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|--------|--------|--------|--------|--------|
| Heat 4 | | | TBD | | | |
| Time: | | | | | | |

Race 34 Senior C Womens 10s

| 11:51 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|-------------------------------|---|---|----------------------------|-------------------------------|-----------------------------------|
| Heat 3 | Camden Haven Dragon Boats Inc | Flamin Dragons Port Macquarie Flamin' Dragons | Merimbula Water Dragons Inc Southern Waratahs | Deepwater Dragon Boat Club | Port Hacking Dragon Boat Club | Pittwater Dragon Boat Racing Club |
| Time: | 01:07.32 | 01:04.12 | 01:07.97 | 01:11.66 | 01:14.25 | 01:07.23 |

Race 35 Senior C Womens 10s

| 11:58 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------|--------|--------|--------|--------|
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|--------|--------------------------|--|-------------------------|--------------------|---|
| Heat 4 | FFB Dragon Boat Club FFB | | East's Dragon Boat Club | Nowra Waterdragons | Manning River Dragon Boat Club Manning River Dragons |
| Time: | 01:07.40 | | 01:09.32 | 01:03.50 | 01:04.37 |

| Race 36 24U Womens 10s | | | | | | |
|------------------------|--------|--------------------------------------|----------------|--------------------------------------|--------|--------|
| 12:05 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Round | | St Scholastica's College Schols Fury | Sydney Zodiacs | St Scholastica's College Schols Fire | | |
| Time: | | 01:08.88 | 01:02.45 | 01:07.72 | | |

| Race 37 Senior B Women 20s | | | | | | |
|----------------------------|--------------------|-------------------------------|---------------------------|-----------------------------|----------------------------|--------|
| 12:12 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 3 | Nowra Waterdragons | Port Hacking Dragon Boat Club | Bei Loon Dragon Boat Club | Pendragons Dragon Boat Club | Deepwater Dragon Boat Club | |
| Time: | 00:59.51 | 01:01.31 | 00:56.98 | 00:59.42 | 01:03.98 | |

| Race 38 Senior B Women 20s | | | | | | |
|----------------------------|----------------------------|--------------------------|---|---|-----------------------------------|--------|
| 12:19 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 4 | Newcastle Dragon Boat Club | FFB Dragon Boat Club FFB | Flamin Dragons Port Macquarie Flamin' Dragons | Merimbula Water Dragons Inc Southern Waratahs | Pittwater Dragon Boat Racing Club | |
| Time: | 00:56.73 | 00:59.81 | 00:58.42 | 01:01.07 | 01:01.64 | |

| Race 39 Premier Women 20s | | | | | | |
|---------------------------|--------|---------------------------------------|------------------------------|------------------------------------|---------------------------|--------|
| 12:26 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 3 | | The Sloths Dragon Boating Club Sloths | ACCA Dragon Boat Racing Team | Different Strokes Dragon Boat Club | Dragon Sports Association | |
| Time: | | 00:55.27 | 00:53.47 | 00:53.98 | 00:55.60 | |

| Race 40 Premier Women 20s | | | | | | |
|---------------------------|--------|------------------|---------------------------------------|--------------------------|-----------------------|--------|
| 12:33 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 4 | | Mako Paddle Club | Chinese Youth League Dragon Boat Club | St Scholastica's College | Ryde Dragon Boat Club | |
| Time: | | 00:54.21 | 00:54.90 | 00:54.75 | 00:59.88 | |

| Race 41 Senior A Open 20s | | | | | | |
|---------------------------|--------|--------|--------|--------|--------|--------|
| 12:40 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |

| | | | | | | |
|-------------|--|---------------------------|---------------------------------------|---------------------------|-----------------------|------------------------------------|
| Major Final | Manning River Dragon Boat Club Manning River Dragons | Bei Loon Dragon Boat Club | The Sloths Dragon Boating Club Sloths | Dragon Sports Association | Ryde Dragon Boat Club | Different Strokes Dragon Boat Club |
| Time: | 00:55.46 | 00:49.95 | 00:48.71 | 00:49.65 | 00:50.27 | 00:50.14 |

Race 42 Junior Women 20s

| | | | | | | |
|--------------|---------------|----------------|---|--------------------------------------|--------------------------------------|---------------|
| 12:47 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Round | | Sydney Zodiacs | Danebank Anglican School for Girls Danebank | St Scholastica's College Schols Fire | St Scholastica's College Schols Fury | |
| Time: | | 00:56.52 | 01:05.73 | 00:56.37 | 01:02.77 | |

Race 43 Senior B Women 20s

| | | | | | | |
|--------------|--------------------|---|----------------------------|---------------------------|-----------------------------|--------------------------|
| 13:01 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Major Final | Nowra Waterdragons | Flamin Dragons Port Macquarie Flamin' Dragons | Newcastle Dragon Boat Club | Bei Loon Dragon Boat Club | Pendragons Dragon Boat Club | FFB Dragon Boat Club FFB |
| Time: | 00:58.74 | 00:57.07 | 00:57.17 | 00:56.04 | 00:59.61 | 00:59.30 |

Race 44 Senior A Women 20s

| | | | | | | |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 13:15 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Major Final | TBD | TBD | TBD | TBD | TBD | TBD |
| Time: | | | | | | |

Race 45 Senior B Opens 10's

| | | | | | | |
|--------------|---|---------------------------|----------------------|--------------------------|----------------------------|---|
| 13:29 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Major Final | Merimbula Water Dragons Inc Southern Waratahs | Dragon Sports Association | Hunter River Dragons | FFB Dragon Boat Club FFB | Newcastle Dragon Boat Club | Flamin Dragons Port Macquarie Flamin' Dragons |
| Time: | 00:56.19 | 00:54.77 | 00:54.29 | 00:55.26 | 00:56.39 | 00:56.13 |

Race 46 Senior C Womens 10s

| | | | | | | |
|--------------|--------------------------|--|---|--------------------|-----------------------------------|-------------------------------|
| 13:43 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Major Final | FFB Dragon Boat Club FFB | Manning River Dragon Boat Club Manning River Dragons | Flamin Dragons Port Macquarie Flamin' Dragons | Nowra Waterdragons | Pittwater Dragon Boat Racing Club | Camden Haven Dragon Boats Inc |
| Time: | 01:09.12 | 01:05.40 | 01:05.05 | 01:04.92 | 01:07.58 | 01:07.65 |

Race 47 Premier Open 20s

| | | | | | | |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 13:57 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|

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|-------------|---------------------------------------|------------------------------------|---------------------------------------|--|---------------------|-----------------------|
| Major Final | Chinese Youth League Dragon Boat Club | Different Strokes Dragon Boat Club | The Sloths Dragon Boating Club Sloths | ACCA Dragon Boat Racing Team ACCA Roosters | Sandy Point Dragons | Ryde Dragon Boat Club |
| Time: | Cancelled | 00:49.46 | 00:46.59 | 00:46.49 | 00:46.14 | 00:50.60 |

Race 48 Premier Women 20s

| | | | | | | |
|--------------|--------------------------|------------------|------------------------------|------------------------------------|---------------------------------------|---------------------------------------|
| 14:11 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Major Final | St Scholastica's College | Mako Paddle Club | ACCA Dragon Boat Racing Team | Different Strokes Dragon Boat Club | Chinese Youth League Dragon Boat Club | The Sloths Dragon Boating Club Sloths |
| Time: | 00:55.68 | 00:55.11 | 00:53.79 | 00:54.40 | 00:54.90 | 00:56.74 |

Race 49 Senior B Mixed 20s

| | | | | | | |
|--------------|---|----------------------------|---------------------------|-------------------------|-------------------------------|---------------|
| 14:25 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 1 | Merimbula Water Dragons Inc Southern Waratahs | Deepwater Dragon Boat Club | Bei Loon Dragon Boat Club | East's Dragon Boat Club | Port Hacking Dragon Boat Club | |
| Time: | 00:55.66 | 01:01.07 | 00:52.00 | 00:59.52 | 00:59.64 | |

Race 50 Senior B Mixed 20s

| | | | | | | |
|--------------|---------------|----------------------------|--------------------------|---------------------------|---------------------------|---------------|
| 14:32 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 2 | | Newcastle Dragon Boat Club | FFB Dragon Boat Club FFB | Dragon Sports Association | Great Lakes Pearl Dragons | |
| Time: | | 00:56.01 | 00:54.59 | 00:54.02 | 01:00.12 | |

Race 51 Senior B Mixed 20s

| | | | | | | |
|--------------|---------------|-------------------------------|--------------------|---|-----------------------------------|---------------|
| 14:39 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 3 | | Camden Haven Dragon Boats Inc | Nowra Waterdragons | Flamin Dragons Port Macquarie Flamin' Dragons | Pittwater Dragon Boat Racing Club | |
| Time: | | 00:57.39 | 00:54.00 | 00:54.63 | 00:57.34 | |

Race 52 Premier Mixed 20s

| | | | | | | |
|--------------|---|-----------------------------|--|--------------------------------|--|--|
| 14:46 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
| Heat 1 | ACCA Dragon Boat Racing Team ACCA WACCA | Ryde Dragon Boat Club Green | Chinese Youth League Dragon Boat Club Fire | Dragon Sports Association Blue | Different Strokes Dragon Boat Club Gin | The Sloths Dragon Boating Club Sloths Rebels |
| Time: | 00:53.02 | 01:00.07 | 00:50.68 | 00:53.07 | 00:51.94 | 00:53.75 |

Race 53 Premier Mixed 20s

| | | | | | | |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|
| 14:53 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------------|---------------|---------------|---------------|---------------|---------------|---------------|

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|--------|----------------|-----------------------------------|--|------------------|---------------------------------|
| Heat 2 | Sydney Zodiacs | Northern Beaches Dragon Boat Club | ACCA Dragon Boat Racing Team ACCA DACCA | Mako Paddle Club | Sydney Tsunami Dragon Boat Club |
| Time: | 00:51.76 | 00:54.24 | 00:49.12 | 00:50.33 | 00:53.85 |

Race 54 Premier Mixed 20s

| 15:00 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|----------------------------------|--|--|-----------------------------|---|--------|
| Heat 3 | Dragon Sports Association Yellow | Different Strokes Dragon Boat Club Tonic | The Sloths Dragon Boating Club Sloths Purple | Ryde Dragon Boat Club Black | Chinese Youth League Dragon Boat Club Ice | |
| Time: | 00:56.40 | 00:53.48 | 00:50.01 | 00:51.09 | 00:54.14 | |

Race 55 Senior C Mixed 20s

| 15:07 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|-----------------------------|----------------------------|---------------------------|---|---------------------------|--------------------|
| Round | Sydney Zodiacs Zodiacs Yang | Sydney Zodiacs Zodiacs Yin | Bei Loon Dragon Boat Club | Flamin Dragons Port Macquarie Flamin' Dragons | Great Lakes Pearl Dragons | Nowra Waterdragons |
| Time: | 00:56.89 | 00:56.28 | 00:56.36 | 00:55.21 | 00:56.76 | 00:56.46 |

Race 56 Senior A Mixed 20s

| 15:14 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|------------------|----------------------------|--|------------------------|--|---------------------------------|
| Heat 1 | Mako Paddle Club | Deepwater Dragon Boat Club | ACCA Dragon Boat Racing Team ACCA MACCA | Easts Dragon Boat Club | Pendragons Dragon Boat Club Pendragons Purple | Sydney Tsunami Dragon Boat Club |
| Time: | 00:50.87 | 01:01.02 | 00:50.47 | 00:58.21 | 00:56.55 | 00:56.43 |

Race 57 Senior A Mixed 20s

| 15:21 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|---------------------------------------|-----------------------------------|------------------------------------|-----------------------|----------------------|--|
| Heat 2 | The Sloths Dragon Boating Club Sloths | Northern Beaches Dragon Boat Club | Different Strokes Dragon Boat Club | Ryde Dragon Boat Club | Hunter River Dragons | Pendragons Dragon Boat Club Pendragons Yellow |
| Time: | 00:52.77 | 00:56.83 | 00:52.60 | 00:54.89 | 00:53.29 | 00:53.98 |

Race 58 24U Mixed 10s

| 15:28 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|----------------------------|-----------------------|-----------------------------|--------|--------|
| Heat 1 | | Sydney Zodiacs Zodiacs Yin | Ryde Dragon Boat Club | Sydney Zodiacs Zodiacs Yang | | |
| Time: | | 00:57.56 | 00:56.98 | 00:57.35 | | |

Race 59 Senior B Mixed 20s

| 15:35 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------|--------|--------|--------|--------|
|-------|--------|--------|--------|--------|--------|--------|

| | | | | | |
|--------|----------------------------|-----------------------------------|---------------------------|---------------------------|---------------------------|
| Heat 4 | Deepwater Dragon Boat Club | Pittwater Dragon Boat Racing Club | Bei Loon Dragon Boat Club | Dragon Sports Association | Great Lakes Pearl Dragons |
| Time: | 01:00.17 | 00:58.98 | 00:51.53 | 00:52.93 | 00:58.47 |

Race 60 Senior B Mixed 20s

| 15:42 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|-------------------------------|--------------------------|-------------------------|-------------------------------|--------|
| Heat 5 | | Port Hacking Dragon Boat Club | FFB Dragon Boat Club FFB | East's Dragon Boat Club | Camden Haven Dragon Boats Inc | |
| Time: | | 00:57.37 | 00:53.99 | 00:58.26 | 00:58.09 | |

Race 61 Senior B Mixed 20s

| 15:49 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------|---|--------------------|----------------------------|---|--------|
| Heat 6 | | Merimbula Water Dragons Inc Southern Waratahs | Nowra Waterdragons | Newcastle Dragon Boat Club | Flamin Dragons Port Macquarie Flamin' Dragons | |
| Time: | | 00:55.51 | 00:54.66 | 00:56.23 | 00:55.56 | |

Race 62 Premier Mixed 20s

| 15:56 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--|---|--|----------------------------------|--|-----------------------------|
| Heat 4 | Different Strokes Dragon Boat Club Gin | ACCA Dragon Boat Racing Team ACCA WACCA | Chinese Youth League Dragon Boat Club Fire | Dragon Sports Association Yellow | The Sloths Dragon Boating Club Sloths Rebels | Ryde Dragon Boat Club Black |
| Time: | 00:50.72 | 00:52.60 | 00:49.20 | 00:56.10 | 00:52.52 | 00:49.53 |

Race 63 Premier Mixed 20s

| 16:03 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|---------------------------------|--------------------------------|---|------------------|----------------|--------|
| Heat 5 | Sydney Tsunami Dragon Boat Club | Dragon Sports Association Blue | ACCA Dragon Boat Racing Team ACCA DACCA | Mako Paddle Club | Sydney Zodiacs | |
| Time: | 00:54.28 | 00:52.45 | 00:50.19 | 00:51.56 | 00:53.39 | |

Race 64 Premier Mixed 20s

| 16:10 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--|---|--|-----------------------------|-----------------------------------|--------|
| Heat 6 | Different Strokes Dragon Boat Club Tonic | Chinese Youth League Dragon Boat Club Ice | The Sloths Dragon Boating Club Sloths Purple | Ryde Dragon Boat Club Green | Northern Beaches Dragon Boat Club | |
| Time: | 00:54.26 | 00:54.54 | 00:50.81 | 01:00.30 | 00:54.82 | |

Race 65 Senior C Mixed 20s

| 16:17 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------|--------|--------|--------|--------|
|-------|--------|--------|--------|--------|--------|--------|

| | | | | | | |
|-------|--------------------------------|-------------------------------|------------------------------|-----------------------|------------------------------|---|
| Round | Sydney Zodiacs Zodiacs Yang | Sydney Zodiacs Zodiacs Yin | Great Lakes Pearl Dragons | Nowra Waterdragons | Bei Loon Dragon Boat Club | Flamin Dragons Port Macquarie Flamin' Dragons |
| Time: | 00:55.01 | 00:56.02 | 00:56.14 | 00:57.21 | 00:54.78 | 00:55.74 |

Race 66 Senior A Mixed 20s

| 16:24 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|--------------------------------------|---------------------------|---|--|-------------------------|-------------------------------|
| Heat 3 | Northern Beaches Dragon Boat Club | Easts Dragon Boat Club | ACCA Dragon Boat Racing Team ACCA MACCA | Pendragons Dragon Boat Club Pendragons Yellow | Hunter River Dragons | Deepwater Dragon Boat Club |
| Time: | 00:57.60 | 00:59.03 | 00:51.91 | 00:53.53 | 00:53.83 | 01:01.51 |

Race 67 Senior A Mixed 20s

| 16:31 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|--------|------------------|------------------------------------|---------------------------------------|--------------------------|--|---|
| Heat 4 | Mako Paddle Club | Sydney Tsunami Dragon Boat Club | Different Strokes Dragon Boat Club | Ryde Dragon Boat Club | Pendragons Dragon Boat Club Pendragons Purple | The Sloths Dragon Boating Club Sloths |
| Time: | 00:51.32 | 00:58.24 | 00:53.91 | 00:55.13 | 00:59.63 | 00:53.46 |

Race 68 24U Mixed 10s

| 16:38 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------|--------|--------------------------|-------------------------------|--------------------------------|--------|--------|
| Round | | Ryde Dragon Boat Club | Sydney Zodiacs Zodiacs Yin | Sydney Zodiacs Zodiacs Yang | | |
| Time: | | 00:58.17 | 00:56.72 | 00:58.23 | | |

Race 69 Senior B Mixed 20s

| 16:52 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|----------------|--|------------------------------|------------------------------|-----------------------|-----------------------------|---|
| Major Final | Merimbula Water Dragons Inc Southern Waratahs | Dragon Sports Association | Bei Loon Dragon Boat Club | Nowra Waterdragons | FFB Dragon Boat Club FFB | Flamin Dragons Port Macquarie Flamin' Dragons |
| Time: | 00:54.47 | 00:51.26 | 00:51.25 | 00:53.02 | 00:53.15 | 00:53.94 |

Race 70 Senior A Mixed 20s

| 17:06 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|----------------|-------------------------|---|---|------------------|---------------------------------------|--|
| Major Final | Hunter River Dragons | The Sloths Dragon Boating Club Sloths | ACCA Dragon Boat Racing Team ACCA MACCA | Mako Paddle Club | Different Strokes Dragon Boat Club | Pendragons Dragon Boat Club Pendragons Yellow |
| Time: | 00:52.39 | 00:52.01 | 00:50.26 | 00:50.70 | 00:51.87 | 00:52.50 |

Race 71 Premier Mixed 20s

| 17:20 | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|------------------|---|--|--|-----------------------------|--|
| Major Final | Mako Paddle Club | The Sloths Dragon Boating Club Sloths Purple | ACCA Dragon Boat Racing Team ACCA DACCA | Chinese Youth League Dragon Boat Club Fire | Ryde Dragon Boat Club Black | Different Strokes Dragon Boat Club Gin |
| Time: | 00:50.48 | 00:49.47 | 00:48.30 | 00:48.67 | 00:49.95 | 00:51.02 |