Dragon Boat NSW

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DBNSW State Championships 200m - Sunday 29th March

Sun 29 Mar 2026 · Sydney International Regatta Centre

Race 1	**24U Opens 10s**					
08:00	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round	Sydney Zodiacs Zodiacs Yin	Ryde Dragon Boat Club	Sydney Zodiacs Zodiacs Yang	Dragon Boats NSW Paradragons Team - Lindt	Dragon Boats NSW Paradragons Team - Cadbury	Dragon Boats NSW Paradragons Team - Haighs
Time:	00:50.3	00:56.8	00:52.3	00:57.2	00:56.0	00:56.4

Race 2	**Premier Open 20s**					
08:07	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	Sandy Point Dragons	Manning River Dragon Boat Club Manning River Dragons	Sloths Dragon Boating Club Sloths	Mako Paddle Club	Dragon Sports Association Yellow	
Time:	00:46.40	00:56.47	00:47.30	00:50.47	00:55.22	

Race 3	**Premier Open 20s**					
08:14	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2	Different Strokes Dragon Boat Club	Ryde Dragon Boat Club	Chinese Youth League Dragon Boat Club	ACCA Dragon Boat Racing Team ACCA Roosters	Dragon Sports Association Blue	
Time:	00:49.64	00:50.52	00:50.48	00:48.19	00:50.51	

Race 4	**Senior C Opens 10s**					
08:21	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round	Deepwater Dragon Boat Club	Port Hacking Dragon Boat Club	Merimbula Water Dragons Inc Southern Waratahs	Hunter River Dragons	Nowra Waterdragons	Great Lakes Pearl Dragons
Time:	01:00.83	01:05.72	00:58.33	01:03.08	01:01.44	01:01.03

Race 5	**Senior B Opens 10's**					
08:28	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Heat 1	Sydney Zodiacs Zodiacs Yang	Sydney Zodiacs Zodiacs Yin	Easts Dragon Boat Club	FFB Dragon Boat Club FFB	Sydney Tsunami Dragon Boat Club	Manning River Dragon Boat Club Manning River Dragons
Time:	01:03.50	01:02.19	01:00.31	00:56.84	01:00.28	00:59.33

Race 6	**Senior B Opens 10's**					
08:35	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2		Newcastle Dragon Boat Club	Pittwater Dragon Boat Racing Club	Camden Haven Dragon Boats Inc	Hunter River Dragons	
Time:		00:57.78	01:02.73	01:03.57	00:56.12	

Race 7	**Senior B Opens 10's**					
08:42	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Merimbula Water Dragons Inc Southern Waratahs	Port Hacking Dragon Boat Club	Dragon Sports Association	Nowra Waterdragons	Flamin Dragons Port Macquarie Flamin' Dragons	
Time:	00:57.21	01:02.20	00:56.30	00:57.59	00:58.42	

Race 8	**Senior A Open 20s**					
08:49	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	Different Strokes Dragon Boat Club	Bei Loon Dragon Boat Club	Sloths Dragon Boating Club Sloths	Ryde Dragon Boat Club	Pendragons Dragon Boat Club	
Time:	00:52.10	00:51.90	00:50.38	00:51.41	00:52.35	

Race 9	**Senior A Open 20s**					
08:56	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2	Hunter River Dragons	Northern Beaches Dragon Boat Club FFBeaches	Dragon Sports Association	Manning River Dragon Boat Club Manning River Dragons	Great Lakes Pearl Dragons	
Time:	Scratched	00:52.70	00:52.50	00:56.11	01:12.54	

Race 10	**Breast Cancer Paddler - 10s**					
09:03	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		Bei Loon Dragon Boat Club Bei Loon Pinks	Sydney Spirit	Pendragons Dragon Boat Club		
Time:		01:12.47	01:11.27	01:16.61		

Race 11	**Junior Women 20s**					
09:10	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Round		St Scholastica's College Schols Fire	Sydney Zodiacs	St Scholastica's College Schols Fury	Danebank Anglican School for Girls Danebank	
Time:		00:57.25	00:58.13	01:05.87	01:07.28	

Race 12	**Senior A Women 20s**					
09:17	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	Pendragons Dragon Boat Club	Newcastle Dragon Boat Club	Different Strokes Dragon Boat Club	Ryde Dragon Boat Club	Hunter River Dragons	Dragon Sports Association
Time:	00:59.86	00:55.90	00:56.92	00:57.14	00:59.84	00:59.03

Race 13	**Senior A Women 20s**					
	This heat has been combined with Race 76					
09:24	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2			TBD			
Time:						

Race 14	**Senior C Womens 10s**					
09:31	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	Port Hacking Dragon Boat Club	Nowra Waterdragons	Merimbula Water Dragons Inc Southern Waratahs	Deepwater Dragon Boat Club	Manning River Dragon Boat Club Manning River Dragons	Easts Dragon Boat Club
Time:	01:16.60	01:07.76	01:11.23	01:13.76	01:07.04	01:12.87

Race 15	**Senior C Womens 10s**					
09:38	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2	Pittwater Dragon Boat Racing Club	Flamin Dragons Port Macquarie Flamin' Dragons		FFB Dragon Boat Club FFB	Camden Haven Dragon Boats Inc	
Time:	01:09.98	01:07.86		01:10.47	01:10.84	

Race 16	**24U Womens 10s**					
09:45	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		St Scholastica's College Schols Fire	Sydney Zodiacs	St Scholastica's College Schols Fury		
Time:		01:09.21	01:06.72	01:09.97		

Race 17	**Senior B Women 20s**					
09:52	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Heat 1	Newcastle Dragon Boat Club	Merimbula Water Dragons Inc Southern Waratahs	Bei Loon Dragon Boat Club	Nowra Waterdragons	FFB Dragon Boat Club FFB	
Time:	00:57.18	01:02.77	00:58.93	01:00.34	01:01.11	

Race 18	**Senior B Women 20s**					
09:59	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2	Port Hacking Dragon Boat Club	Deepwater Dragon Boat Club	Flamin Dragons Port Macquarie Flamin' Dragons	Pittwater Dragon Boat Racing Club	Pendragons Dragon Boat Club	
Time:	01:02.70	01:03.76	00:57.98	01:01.16	00:59.75	

Race 19	**Premier Women 20s**					
10:06	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1		Ryde Dragon Boat Club	ACCA Dragon Boat Racing Team	St Scholastica's College	Mako Paddle Club	
Time:		01:01.86	00:55.09	00:56.09	00:55.78	

Race 20	**Premier Women 20s**					
10:13	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2		Dragon Sports Association	Chinese Youth League Dragon Boat Club	Different Strokes Dragon Boat Club	Sloths Dragon Boating Club Sloths	
Time:		00:55.11	00:54.09	00:53.55	00:54.84	

Race 21	**24U Opens 10s**					
10:20	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round	Sydney Zodiacs Zodiacs Yang	Ryde Dragon Boat Club	Sydney Zodiacs Zodiacs Yin	Dragon Boats NSW Paradragons Team - Haighs	Dragon Boats NSW Paradragons Team - Lindt	Dragon Boats NSW Paradragons Team - Cadbury
Time:	00:57.92	00:58.37	00:54.26	01:01.21	01:03.84	01:01.31

Race 22	**Premier Open 20s**					
10:27	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Dragon Sports Association Blue	Sandy Point Dragons	Sloths Dragon Boating Club Sloths	ACCA Dragon Boat Racing Team ACCA Roosters	Manning River Dragon Boat Club Manning River Dragons	
Time:	00:50.70	00:48.36	00:46.27	00:47.61	00:57.15	

Race 23	**Premier Open 20s**					
10:34	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Heat 4	Mako Paddle Club	Ryde Dragon Boat Club	Chinese Youth League Dragon Boat Club	Dragon Sports Association Yellow	Different Strokes Dragon Boat Club	
Time:	00:50.89	00:50.62	00:50.70	00:56.44	00:50.47	

Race 24	**Senior C Opens 10s**					
10:41	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round	Merimbula Water Dragons Inc Southern Waratahs	Nowra Waterdragons	Hunter River Dragons	Great Lakes Pearl Dragons	Deepwater Dragon Boat Club	Port Hacking Dragon Boat Club
Time:	00:57.83	01:03.40	01:03.22	01:01.22	01:01.14	01:06.88

Race 25	**Senior B Opens 10's**					
10:48	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 4	Sydney Zodiacs Zodiacs Yin	Sydney Zodiacs Zodiacs Yang	FFB Dragon Boat Club FFB	Sydney Tsunami Dragon Boat Club		Manning River Dragon Boat Club Manning River Dragons
Time:	01:01.24	01:04.68	00:58.41	00:58.88		01:00.49

Race 26	**Senior B Opens 10's**					
10:55	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 5	Nowra Waterdragons	Merimbula Water Dragons Inc Southern Waratahs	Dragon Sports Association	Camden Haven Dragon Boats Inc	Hunter River Dragons	
Time:	00:56.94	00:56.30	00:54.90	01:00.81	00:54.08	

Race 27	**Senior B Opens 10's**					
11:02	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 6	Flamin Dragons Port Macquarie Flamin' Dragons	Easts Dragon Boat Club	Pittwater Dragon Boat Racing Club	Newcastle Dragon Boat Club	Port Hacking Dragon Boat Club	
Time:	00:58.17	01:01.93	01:04.96	00:58.96	01:04.04	

Race 28	**Senior A Open 20s**					
11:09	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Hunter River Dragons	Pendragons Dragon Boat Club	Sloths Dragon Boating Club Sloths	Manning River Dragon Boat Club Manning River Dragons	Great Lakes Pearl Dragons	
Time:	Scratched	00:52.38	00:50.11	00:57.41	00:58.83	

Race 29	**Senior A Open 20s**

11:16	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Heat 4	Different Strokes Dragon Boat Club	Bei Loon Dragon Boat Club	Dragon Sports Association	Ryde Dragon Boat Club	Northern Beaches Dragon Boat Club FFBeaches	
Time:	00:51.57	00:51.47	00:51.46	00:51.60	00:52.56	

Race 30	Breast Cancer Paddler - 10s					
11:23	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		Pendragons Dragon Boat Club	Sydney Spirit	Bei Loon Dragon Boat Club Bei Loon Pinks		
Time:		01:11.41	01:06.68	01:10.43		

Race 31	Junior Women 20s					
11:30	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		St Scholastica's College Schols Fury	St Scholastica's College Schols Fire	Danebank Anglican School for Girls Danebank	Sydney Zodiacs	
Time:		01:04.79	00:57.17	01:09.79	00:58.10	

Race 32	Senior A Women 20s					
11:37	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Hunter River Dragons	Pendragons Dragon Boat Club	Different Strokes Dragon Boat Club	Dragon Sports Association	Newcastle Dragon Boat Club	Ryde Dragon Boat Club
Time:	01:01.32	01:00.43	00:56.55	00:58.64	00:54.54	00:56.29

Race 33	Senior A Women 20s					
11:44	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 4			TBD			
Time:						

Race 34	Senior C Womens 10s					
11:51	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Camden Haven Dragon Boats Inc	Flamin Dragons Port Macquarie Flamin' Dragons	Merimbula Water Dragons Inc Southern Waratahs	Deepwater Dragon Boat Club	Port Hacking Dragon Boat Club	Pittwater Dragon Boat Racing Club
Time:	01:07.32	01:04.12	01:07.97	01:11.66	01:14.25	01:07.23

Race 35	Senior C Womens 10s					
11:58	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Heat 4	FFB Dragon Boat Club FFB			Easts Dragon Boat Club	Nowra Waterdragons	Manning River Dragon Boat Club Manning River Dragons
Time:	01:07.40			01:09.32	01:03.50	01:04.37

Race 36	**24U Womens 10s**					
12:05	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		St Scholastica's College Schols Fury	Sydney Zodiacs	St Scholastica's College Schols Fire		
Time:		01:08.88	01:02.45	01:07.72		

Race 37	**Senior B Women 20s**					
12:12	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Nowra Waterdragons	Port Hacking Dragon Boat Club	Bei Loon Dragon Boat Club	Pendragons Dragon Boat Club	Deepwater Dragon Boat Club	
Time:	00:59.51	01:01.31	00:56.98	00:59.42	01:03.98	

Race 38	**Senior B Women 20s**					
12:19	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 4	Newcastle Dragon Boat Club	FFB Dragon Boat Club FFB	Flamin Dragons Port Macquarie Flamin' Dragons	Merimbula Water Dragons Inc Southern Waratahs	Pittwater Dragon Boat Racing Club	
Time:	00:56.73	00:59.81	00:58.42	01:01.07	01:01.64	

Race 39	**Premier Women 20s**					
12:26	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3		Sloths Dragon Boating Club Sloths	ACCA Dragon Boat Racing Team	Different Strokes Dragon Boat Club	Dragon Sports Association	
Time:		00:55.27	00:53.47	00:53.98	00:55.60	

Race 40	**Premier Women 20s**					
12:33	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 4		Mako Paddle Club	Chinese Youth League Dragon Boat Club	St Scholastica's College	Ryde Dragon Boat Club	
Time:		00:54.21	00:54.90	00:54.75	00:59.88	

Race 41	**Senior A Open 20s**					
12:40	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Major Final	Manning River Dragon Boat Club Manning River Dragons	Bei Loon Dragon Boat Club	Sloths Dragon Boating Club Sloths	Dragon Sports Association	Ryde Dragon Boat Club	Different Strokes Dragon Boat Club
Time:	00:55.46	00:49.95	00:48.71	00:49.65	00:50.27	00:50.14

Race 42	**Junior Women 20s**					
12:47	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		Sydney Zodiacs	Danebank Anglican School for Girls Danebank	St Scholastica's College Schols Fire	St Scholastica's College Schols Fury	
Time:		00:56.52	01:05.73	00:56.37	01:02.77	

Race 43	**Senior B Women 20s**					
13:01	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	Nowra Waterdragons	Flamin Dragons Port Macquarie Flamin' Dragons	Newcastle Dragon Boat Club	Bei Loon Dragon Boat Club	Pendragons Dragon Boat Club	FFB Dragon Boat Club FFB
Time:	00:58.74	00:57.07	00:57.17	00:56.04	00:59.61	00:59.30

Race 44	**Senior A Women 20s**					
13:15	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	TBD	TBD	TBD	TBD	TBD	TBD
Time:						

Race 45	**Senior B Opens 10's**					
13:29	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	Merimbula Water Dragons Inc Southern Waratahs	Dragon Sports Association	Hunter River Dragons	FFB Dragon Boat Club FFB	Newcastle Dragon Boat Club	Flamin Dragons Port Macquarie Flamin' Dragons
Time:	00:56.19	00:54.77	00:54.29	00:55.26	00:56.39	00:56.13

Race 46	**Senior C Womens 10s**					
13:43	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	FFB Dragon Boat Club FFB	Manning River Dragon Boat Club Manning River Dragons	Flamin Dragons Port Macquarie Flamin' Dragons	Nowra Waterdragons	Pittwater Dragon Boat Racing Club	Camden Haven Dragon Boats Inc
Time:	01:09.12	01:05.40	01:05.05	01:04.92	01:07.58	01:07.65

Race 47	**Premier Open 20s**					
13:57	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Major Final	Chinese Youth League Dragon Boat Club	Different Strokes Dragon Boat Club	Sloths Dragon Boating Club Sloths	ACCA Dragon Boat Racing Team ACCA Roosters	Sandy Point Dragons	Ryde Dragon Boat Club
Time:	Cancelled	00:49.46	00:46.59	00:46.49	00:46.14	00:50.60

Race 48	**Premier Women 20s**					
14:11	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	St Scholastica's College	Mako Paddle Club	ACCA Dragon Boat Racing Team	Different Strokes Dragon Boat Club	Chinese Youth League Dragon Boat Club	Sloths Dragon Boating Club Sloths
Time:	00:55.68	00:55.11	00:53.79	00:54.40	00:54.90	00:56.74

Race 49	**Senior B Mixed 20s**					
14:25	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	Merimbula Water Dragons Inc Southern Waratahs	Deepwater Dragon Boat Club	Bei Loon Dragon Boat Club	Easts Dragon Boat Club	Port Hacking Dragon Boat Club	
Time:	00:55.66	01:01.07	00:52.00	00:59.52	00:59.64	

Race 50	**Senior B Mixed 20s**					
14:32	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2		Newcastle Dragon Boat Club	FFB Dragon Boat Club FFB	Dragon Sports Association	Great Lakes Pearl Dragons	
Time:		00:56.01	00:54.59	00:54.02	01:00.12	

Race 51	**Senior B Mixed 20s**					
14:39	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3		Camden Haven Dragon Boats Inc	Nowra Waterdragons	Flamin Dragons Port Macquarie Flamin' Dragons	Pittwater Dragon Boat Racing Club	
Time:		00:57.39	00:54.00	00:54.63	00:57.34	

Race 52	**Premier Mixed 20s**					
14:46	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	ACCA Dragon Boat Racing Team ACCA WACCA	Ryde Dragon Boat Club Green	Chinese Youth League Dragon Boat Club Fire	Dragon Sports Association Blue	Different Strokes Dragon Boat Club Gin	Sloths Dragon Boating Club Sloths Rebels
Time:	00:53.02	01:00.07	00:50.68	00:53.07	00:51.94	00:53.75

Race 53	**Premier Mixed 20s**					
14:53	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Heat 2	Sydney Zodiacs	Northern Beaches Dragon Boat Club	ACCA Dragon Boat Racing Team ACCA DACCA	Mako Paddle Club	Sydney Tsunami Dragon Boat Club	
Time:	00:51.76	00:54.24	00:49.12	00:50.33	00:53.85	

Race 54	**Premier Mixed 20s**					
15:00	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Dragon Sports Association Yellow	Different Strokes Dragon Boat Club Tonic	Sloths Dragon Boating Club Sloths Purple	Ryde Dragon Boat Club Black	Chinese Youth League Dragon Boat Club Ice	
Time:	00:56.40	00:53.48	00:50.01	00:51.09	00:54.14	

Race 55	**Senior C Mixed 20s**					
15:07	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round	Sydney Zodiacs Zodiacs Yang	Sydney Zodiacs Zodiacs Yin	Bei Loon Dragon Boat Club	Flamin Dragons Port Macquarie Flamin' Dragons	Great Lakes Pearl Dragons	Nowra Waterdragons
Time:	00:56.89	00:56.28	00:56.36	00:55.21	00:56.76	00:56.46

Race 56	**Senior A Mixed 20s**					
15:14	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1	Mako Paddle Club	Deepwater Dragon Boat Club	ACCA Dragon Boat Racing Team ACCA MACCA	Easts Dragon Boat Club	Pendragons Dragon Boat Club Pendragons Purple	Sydney Tsunami Dragon Boat Club
Time:	00:50.87	01:01.02	00:50.47	00:58.21	00:56.55	00:56.43

Race 57	**Senior A Mixed 20s**					
15:21	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 2	Sloths Dragon Boating Club Sloths	Northern Beaches Dragon Boat Club	Different Strokes Dragon Boat Club	Ryde Dragon Boat Club	Hunter River Dragons	Pendragons Dragon Boat Club Pendragons Yellow
Time:	00:52.77	00:56.83	00:52.60	00:54.89	00:53.29	00:53.98

Race 58	**24U Mixed 10s**					
15:28	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 1		Sydney Zodiacs Zodiacs Yin	Ryde Dragon Boat Club	Sydney Zodiacs Zodiacs Yang		
Time:		00:57.56	00:56.98	00:57.35		

Race 59	**Senior B Mixed 20s**					
15:35	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Heat 4	Deepwater Dragon Boat Club	Pittwater Dragon Boat Racing Club	Bei Loon Dragon Boat Club	Dragon Sports Association	Great Lakes Pearl Dragons	
Time:	01:00.17	00:58.98	00:51.53	00:52.93	00:58.47	

Race 60	**Senior B Mixed 20s**					
15:42	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 5		Port Hacking Dragon Boat Club	FFB Dragon Boat Club FFB	Easts Dragon Boat Club	Camden Haven Dragon Boats Inc	
Time:		00:57.37	00:53.99	00:58.26	00:58.09	

Race 61	**Senior B Mixed 20s**					
15:49	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 6		Merimbula Water Dragons Inc Southern Waratahs	Nowra Waterdragons	Newcastle Dragon Boat Club	Flamin Dragons Port Macquarie Flamin' Dragons	
Time:		00:55.51	00:54.66	00:56.23	00:55.56	

Race 62	**Premier Mixed 20s**					
15:56	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 4	Different Strokes Dragon Boat Club Gin	ACCA Dragon Boat Racing Team ACCA WACCA	Chinese Youth League Dragon Boat Club Fire	Dragon Sports Association Yellow	Sloths Dragon Boating Club Sloths Rebels	Ryde Dragon Boat Club Black
Time:	00:50.72	00:52.60	00:49.20	00:56.10	00:52.52	00:49.53

Race 63	**Premier Mixed 20s**					
16:03	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 5	Sydney Tsunami Dragon Boat Club	Dragon Sports Association Blue	ACCA Dragon Boat Racing Team ACCA DACCA	Mako Paddle Club	Sydney Zodiacs	
Time:	00:54.28	00:52.45	00:50.19	00:51.56	00:53.39	

Race 64	**Premier Mixed 20s**					
16:10	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 6	Different Strokes Dragon Boat Club Tonic	Chinese Youth League Dragon Boat Club Ice	Sloths Dragon Boating Club Sloths Purple	Ryde Dragon Boat Club Green	Northern Beaches Dragon Boat Club	
Time:	00:54.26	00:54.54	00:50.81	01:00.30	00:54.82	

Race 65	**Senior C Mixed 20s**					
16:17	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**

Round	Sydney Zodiacs Zodiacs Yang	Sydney Zodiacs Zodiacs Yin	Great Lakes Pearl Dragons	Nowra Waterdragons	Bei Loon Dragon Boat Club	Flamin Dragons Port Macquarie Flamin' Dragons
Time:	00:55.01	00:56.02	00:56.14	00:57.21	00:54.78	00:55.74

Race 66	**Senior A Mixed 20s**					
16:24	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 3	Northern Beaches Dragon Boat Club	Easts Dragon Boat Club	ACCA Dragon Boat Racing Team ACCA MACCA	Pendragons Dragon Boat Club Pendragons Yellow	Hunter River Dragons	Deepwater Dragon Boat Club
Time:	00:57.60	00:59.03	00:51.91	00:53.53	00:53.83	01:01.51

Race 67	**Senior A Mixed 20s**					
16:31	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Heat 4	Mako Paddle Club	Sydney Tsunami Dragon Boat Club	Different Strokes Dragon Boat Club	Ryde Dragon Boat Club	Pendragons Dragon Boat Club Pendragons Purple	Sloths Dragon Boating Club Sloths
Time:	00:51.32	00:58.24	00:53.91	00:55.13	00:59.63	00:53.46

Race 68	**24U Mixed 10s**					
16:38	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Round		Ryde Dragon Boat Club	Sydney Zodiacs Zodiacs Yin	Sydney Zodiacs Zodiacs Yang		
Time:		00:58.17	00:56.72	00:58.23		

Race 69	**Senior B Mixed 20s**					
16:52	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	Merimbula Water Dragons Inc Southern Waratahs	Dragon Sports Association	Bei Loon Dragon Boat Club	Nowra Waterdragons	FFB Dragon Boat Club FFB	Flamin Dragons Port Macquarie Flamin' Dragons
Time:	00:54.47	00:51.26	00:51.25	00:53.02	00:53.15	00:53.94

Race 70	**Senior A Mixed 20s**					
17:06	**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**
Major Final	Hunter River Dragons	Sloths Dragon Boating Club Sloths	ACCA Dragon Boat Racing Team ACCA MACCA	Mako Paddle Club	Different Strokes Dragon Boat Club	Pendragons Dragon Boat Club Pendragons Yellow
Time:	00:52.39	00:52.01	00:50.26	00:50.70	00:51.87	00:52.50

Race 71	**Premier Mixed 20s**

17:20	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Major Final	Mako Paddle Club	Sloths Dragon Boating Club Sloths Purple	ACCA Dragon Boat Racing Team ACCA DACCA	Chinese Youth League Dragon Boat Club Fire	Ryde Dragon Boat Club Black	Different Strokes Dragon Boat Club Gin
Time:	00:50.48	00:49.47	00:48.30	00:48.67	00:49.95	00:51.02

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