



Dragon Boat NSW

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Region vs Region

Sat 10 Oct 2026 · Sydney International Regatta Centre

Race 1 RvR 500m Mixed 20s											
09:00	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Camden Haven Dragon Boats Inc Yellow A	Nature Coast Dragon Boat Club Southern Green	Pendragons Dragon Boat Club Sydney Metro White A	ACCA Dragon Boat Racing Team Bank St Black A	Central Coast Dragon Boat Club Blue A	Forbes Dragon Boat Club Western Red A					
Time:	02:15.00	02:16.77	02:11.81	02:06.82	02:16.02	02:22.69					

Race 2 RvR 500m Mixed 20s											
09:10	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 2	ACCA Dragon Boat Racing Team Bank St Black B	Central Coast Dragon Boat Club Blue B	Forbes Dragon Boat Club Western Red B	Camden Haven Dragon Boats Inc Yellow B	Nature Coast Dragon Boat Club Southern Green	Pendragons Dragon Boat Club Sydney Metro White B					
Time:	02:14.29	02:21.92	02:21.36	02:24.10	Scratched	02:13.96					

Race 3 RvR 500m Women 20s											
09:20	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Nature Coast Dragon Boat Club Southern Green	Pendragons Dragon Boat Club Sydney Metro White A	Camden Haven Dragon Boats Inc Yellow	Forbes Dragon Boat Club Western Red A	ACCA Dragon Boat Racing Team Bank St Black	Central Coast Dragon Boat Club Blue					

Time:	02:25.56	02:17.50	02:25.45	02:32.06	02:16.42	02:23.50
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Race 4 RvR 500m Opens 20s											
09:30	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Nature Coast Dragon Boat Club Southern Green	Pendragons Dragon Boat Club Sydney Metro White A	Forbes Dragon Boat Club Western Red A	Camden Haven Dragon Boats Inc Yellow	ACCA Dragon Boat Racing Team Bank St Black	Central Coast Dragon Boat Club Blue					
Time:	02:20.09	02:09.65	02:14.34	02:13.32	02:03.62	02:18.51					

Race 5 RvR 200m Mixed 20s											
09:50	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Camden Haven Dragon Boats Inc Yellow A	Nature Coast Dragon Boat Club Southern Green	ACCA Dragon Boat Racing Team Bank St Black A	Central Coast Dragon Boat Club Blue A	Pendragons Dragon Boat Club Sydney Metro White A	Forbes Dragon Boat Club Western Red A					
Time:	00:53.35	00:53.81	00:48.50	00:53.07	00:51.84	00:56.62					

Race 6 RvR 200m Mixed 20s											
10:00	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 2	Central Coast Dragon Boat Club Blue B	Pendragons Dragon Boat Club Sydney Metro White B	Forbes Dragon Boat Club Western Red B	Camden Haven Dragon Boats Inc Yellow B	Nature Coast Dragon Boat Club Southern Green	ACCA Dragon Boat Racing Team Bank St Black B					
Time:	00:55.41	00:53.87	00:56.68	00:56.45	Scratched	00:53.36					

Race 7 RvR 200m Women 10s											
10:10	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11

Heat 1	Camden Haven Dragon Boats Inc Yellow A	Nature Coast Dragon Boat Club Southern Green	ACCA Dragon Boat Racing Team Bank St Black A	Central Coast Dragon Boat Club Blue A	Pendragons Dragon Boat Club Sydney Metro White A	Forbes Dragon Boat Club Western Red A
Time:	01:01.76	01:03.42	00:57.36	01:02.59	00:59.89	01:07.65

Race 8	RvR 200m Open 10s
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10:20	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Pendragons Dragon Boat Club Sydney Metro White A	Central Coast Dragon Boat Club Blue A	Camden Haven Dragon Boats Inc Yellow A	ACCA Dragon Boat Racing Team Bank St Black A	Forbes Dragon Boat Club Western Red A	Nature Coast Dragon Boat Club Southern Green					
Time:											

Race 9	RvR 200m Women 10s
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10:30	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 2	ACCA Dragon Boat Racing Team Bank St Black B	Pendragons Dragon Boat Club Sydney Metro White B	Central Coast Dragon Boat Club Blue B	Nature Coast Dragon Boat Club Southern Green	Forbes Dragon Boat Club Western Red B	Camden Haven Dragon Boats Inc Yellow B					
Time:											

Race 10	RvR 200m Open 10s
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10:40	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 2	Nature Coast Dragon Boat Club Southern Green	Forbes Dragon Boat Club Western Red B	Camden Haven Dragon Boats Inc Yellow B	ACCA Dragon Boat Racing Team Bank St Black B	Pendragons Dragon Boat Club Sydney Metro White B	Central Coast Dragon Boat Club Blue B					
Time:											

Race 11	RvR 200m Women 20s
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10:50	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Camden Haven Dragon Boats Inc Yellow	Nature Coast Dragon Boat Club Southern Green	ACCA Dragon Boat Racing Team Bank St Black A	Pendragons Dragon Boat Club Sydney Metro White A	Central Coast Dragon Boat Club Blue	Forbes Dragon Boat Club Western Red A					
Time:	00:56.57	00:58.43	00:53.98	00:55.20	00:58.81	01:00.95					

Race 12	RvR 200m Opens 20s										
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11:00	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	ACCA Dragon Boat Racing Team Bank St Black A	Central Coast Dragon Boat Club Blue	Nature Coast Dragon Boat Club Southern Green	Pendragons Dragon Boat Club Sydney Metro White A	Forbes Dragon Boat Club Western Red A	Camden Haven Dragon Boats Inc Yellow					
Time:	00:48.82	00:51.77	00:54.23	00:52.01	00:53.05	00:54.58					

Race 13	RvR - Womens 20s (1km)										
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11:50	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	ACCA Dragon Boat Racing Team Bank St Black A	Central Coast Dragon Boat Club Blue	Pendragons Dragon Boat Club Sydney Metro White A	Nature Coast Dragon Boat Club Southern Green	Camden Haven Dragon Boats Inc Yellow	Forbes Dragon Boat Club Western Red A					
Time:	04:32.65	04:58.14	04:47.02	04:49.36	04:40.27	05:04.06					

Race 14	RvR - Opens 20s (1km)										
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12:10	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	ACCA Dragon Boat Racing Team Bank St Black A	Central Coast Dragon Boat Club Blue	Pendragons Dragon Boat Club Sydney Metro White A	Nature Coast Dragon Boat Club Southern Green	Camden Haven Dragon Boats Inc Yellow	Forbes Dragon Boat Club Western Red A					
Time:											

Race 15 RvR - Mixed 20s (2km)											
12:40	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 1	Camden Haven Dragon Boats Inc Yellow A	Nature Coast Dragon Boat Club Southern Green	ACCA Dragon Boat Racing Team Bank St Black A	Pendragons Dragon Boat Club Sydney Metro White A	Central Coast Dragon Boat Club Blue A	Forbes Dragon Boat Club Western Red A	Pendragons Dragon Boat Club Sydney Metro White B	Forbes Dragon Boat Club Western Red B	Central Coast Dragon Boat Club Blue B	ACCA Dragon Boat Racing Team Bank St Black B	Camden Haven Dragon Boats Inc Yellow B
Time:	10:04.57	10:16.68	09:14.30	09:45.26	10:34.49	10:52.63	09:57.62	10:44.76	10:44.80	09:51.66	10:50.07

Race 16 RvR - Mixed 20s (2km)											
13:10	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11
Heat 2	Pendragons Dragon Boat Club Sydney Metro White B	Forbes Dragon Boat Club Western Red B	Central Coast Dragon Boat Club Blue B	ACCA Dragon Boat Racing Team Bank St Black B	Camden Haven Dragon Boats Inc Yellow B	Nature Coast Dragon Boat Club Southern Green					
Time:											